

## **HOCKEY:**

The Junior and Senior Hockey programmes at Beaulieu Prep exemplify a commitment to excellence and comprehensive skills development within a competitive league setting. With a focus on preparation and progression, our students engage in a dynamic hockey experience involving a range of age groups and skills levels.

Pre-season training is integrated into our Physical Education (PE) schedule, and this serves as the cornerstone of our approach. Good preparation ensures that our young athletes are equipped for the upcoming season, which kicks off in July. By building a strong foundation and honing fundamental skills, we lay the groundwork for a successful and competitive season.

Our Junior Hockey includes U9, U10, and U11 age categories and encompasses both boys' and girls' teams. The strategic choice of playing on quarter fields for U9s and U10s, and half fields for U11s, underscores our commitment to nurturing skills and game understanding. This deliberate approach encourages players to grasp the intricacies of hockey whilst cultivating their abilities on a developmentally appropriate scale.

As our athletes progress to the senior ranks, comprising U12 and U13 age groups, they transition to the full field game and embrace the challenges of hockey at a more advanced level. Our affiliation with the Beaulieu Hockey Academy complements our coaching expertise and provides our students with the guidance and mentorship of experienced professionals.

Weekly matches punctuate our hockey calendar, offering our teams consistent opportunities to display their growth and engage in spirited competition. Additionally, our involvement in weekend Festivals adds an extra layer of excitement and camaraderie, allowing our players to interact with teams from different environments and to test their mettle more broadly.